JCTR *BASIC* *NEEDS* *BASKET:* KASAMA

## March 2014

**(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA**

**Commodity Quantity Kwacha Total Kwacha**

Mealie meal (breakfast) 2 x 25Kgs 79.60 159.20

Beans 3 Kgs 6.50 19.50

Kapenta (dry) 2 Kgs 80.00 160.00

Bream, smoked 1Kg 50.00 50.00

Meat mixed cut 4 Kgs 27.00 108.00

Dark green vegetable 4 Kgs 2.80 11.20

Tomato 4 Kgs 6.10 24.40

Onion, large 2 Kgs 13.20 26.40

Cooking oil (2.5 Ltrs) 3 Ltrs 35.40 42.48

Bread wheat, refined flour, baked 1 loaf/day 5.10 153.00

Sugar 6 Kgs 15.64 46.92

Milk (long-life) 500ml 4x500ml 5.26 21.04

Tea, powder (125g) 1Kg 6.00 48.00

Eggs 2units 9.43 18.86

Salt 1 Kg 3.74 3.74

***Sub total*  892.74**

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (90Kg bags) 180Kg bags 54.00 108.00

Bathing Soap 10 Tablets 5.60 56.00

Wash soap (Boom) 4x400g 4.78 19.12

Jelly (e.g Vaseline) 1x500ml 10.88 10.88

Electricity (med. density - fixed) 225.00 225.00

Water & Sanitation (med. cost - fixed) 50.00 50.00

Housing (med. density - 3 bedroom) 1,000.00 1,000.00

***Sub total*  1,469.00**

***Total Basic needs basket*  2,361.74**

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| **Totals from previous months** | Feb 13 | Mar 13 | Apr 13 | May 13 | Jun 13 | Jul 13 | Aug 13 | Sep 13 | Oct 13 | Nov 13 | Dec 13 | Jan 14 | Feb 14 |
| Amount (K) | **-** | **1,522.74** | **2,043.44** | **2,185.72** | **2,131.54** | **2,109.28** | **2,099.39** | **2,115.38** | **2,170.47** | **2,200.43** | **2,308.22** | **2,276.68** | **2,383.60** |

**(C) SOME OTHER ADDITIONAL COSTS**

**Item**  **K Item K**

Education Health

Grades 1-7 (PTA+Project/year) K55.00 – K100.00 Consultation Fee

Grades 8-9 (User+PTA/year) K250.00 – K451.00 Mosquito Net (pregnant / ↓5) -

Grades 10-12 (User+PTA/year) K735.00 – K3, 600.00 Lab tests (e.g., malaria) -

School Uniform K120.00 – K130.00 Monthly scheme (hospital) K60.00

Fuel (cost at the pump)

Transport (bus fare round trip): Petrol (per litre) K9.91

Tazara-Town K6.00 Diesel (per litre) K9.20

Location-Town K6.00 Kerosene (per litre) -

Kasama- Nakonde K58.00-K65.00

**(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH**

|  |  |  |  |  |  |  |  |  |
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| **Lusaka** | **Kasama** | **Solwezi** | **Monze** | **Chipata** | **Kabwe** | **Livingstone** | **Mpika** | **Luanshya** |
| **3,687.72** | **2,361.74** | **2,560.01** | **2,240.32** | **2,269.13** | **2,540.23** | **2,765.92** | **1,612.48** | **2,373.32** |

This survey was conducted on **29th March, 2014** by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at NewTown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The March Basic Needs Basket is approximately **US$383** based upon an exchange rate of **K6.1714** per US**$** prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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